

# Albany Residential College

## Menu Planner Term 2, 2026

## Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Cereal, yoghurt, seasonal fresh fruit.	A varied selection of bacon, eggs, sausage, spaghetti, waffles pancakes and fresh fruit.	Cereal, yoghurt, seasonal fresh fruit.	Bacon, eggs, fried tomato, baked beans, hash browns.	Cereal, yoghurt, seasonal fresh fruit.	Cereal, yoghurt, seasonal fresh fruit.	
<b>Morning</b>	Selection of healthy baked and packaged goods and fresh seasonal fruit.					Selection of baked goods and fresh seasonal fruit.	
<b>Lunch</b>	Make your own rolls and wraps from a healthy selection of cold meat and salads.					Make your own rolls and wraps or toasties from a healthy selection of cold meat and salads.	
<b>Afternoon</b>	Assorted pastries, fruit and goods.					Make your own afternoon tea from available baked products.	
<b>Dinner</b>	Pumpkin soup. Chicken schnitzel or hamburgers and chips with seasonal salad.	Sweet and sour pork, zucchini slice with egg-fried rice, broccolini and carrots.	Leek and potato soup. Nacho beef or chicken with rice and beans and seasonal salad.	Mixed grill, or chicken and asparagus quiche with mashed potato, peas and corn.	Tomato soup. Battered fish or sausages with potato bake and stir-fried vegies.	Mild lamb curry with sweet potato, cauliflower rice and peas.	Spaghetti bolognaise, garlic bread and seasonal salad.
<b>Dessert</b>		Mousse		Ice cream	Apple crumble and custard		Jelly cups
<b>Supper</b>	Seasonal fresh fruit						

# Albany Residential College

## Menu Planner Term 2, 2026

## Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Cereal, yoghurt, seasonal fresh fruit.	A varied selection of bacon, eggs, sausage, spaghetti, waffles pancakes and fresh fruit.	Cereal, yoghurt, seasonal fresh fruit.	A varied selection of bacon, eggs, sausage, spaghetti, waffles pancakes and fresh fruit.	Cereal, yoghurt, seasonal fresh fruit.	Cereal, yoghurt, seasonal fresh fruit.	
<b>Morning</b>	Selection of healthy baked and packaged goods and fresh seasonal fruit.					Selection of baked goods and fresh seasonal fruit.	
<b>Lunch</b>	Make your own rolls and wraps from a healthy selection of cold meat and salads.					Make your own rolls and wraps or toasties from a healthy selection of cold meat and salads.	
<b>Afternoon</b>	Assorted pastries, fruit and goods.					Make your own afternoon tea from available baked products.	
<b>Dinner</b>	Vegetable soup. Meatloaf in tomato, vegetable slice with mashed sweet potato and seasonal salad.	Chicken and vegetable casserole, sausages and mashed potato, carrots and beans.	Pea and ham soup. Chicken burgers with seasonal salads.	Roast pork, or fish burgers, with roast potato and roasted seasonal vegetables.	Minestrone soup. Chicken Kiev balls, rissoles with potato bake and green veg.	Chicken enchiladas with wedges and shredded salads.	Beef Stroganoff with mashed potato and seasonal vegetables.
<b>Dessert</b>		Apple slice		Mousse			Sticky date pudding
<b>Supper</b>	Seasonal fresh fruit						

# Albany Residential College

## Menu Planner Term 2, 2026

## Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Cereal, yoghurt, seasonal fresh fruit.	A varied selection of bacon, eggs, sausage, spaghetti, waffles pancakes and fresh fruit.	Cereal, yoghurt, seasonal fresh fruit.	A varied selection of bacon, eggs, sausage, spaghetti, waffles pancakes and fresh fruit.	Cereal, yoghurt, seasonal fresh fruit.	Cereal, yoghurt, seasonal fresh fruit.	
<b>Morning</b>	Selection of healthy baked and packaged goods and fresh seasonal fruit.					Selection of baked goods and fresh seasonal fruit.	
<b>Lunch</b>	Make your own rolls and wraps from a healthy selection of cold meat and salads.					Make your own rolls and wraps or toasties from a healthy selection of cold meat and salads.	
<b>Afternoon</b>	Assorted pastries, fruit and goods.					Make your own afternoon tea from available baked products.	
<b>Dinner</b>	Chicken soup. Make your own poke bowls with chicken or tuna and salads or spinach and sun-dried tomato quiche and rice.	Spaghetti bolognese, zucchini and pumpkin slice, pasta, peas and sweet potato.	Sweet potato soup. Apricot chicken or tuna patties with mashed potato and mixed veg.	Roast beef with roast potato and roasted seasonal vegetables and hot salad.	Minestrone soup. Curries sausage casserole, macaroni cheese with garlic potato, broccoli and carrots.	Savoury meatballs in gravy with mashed potato, cauliflower cheese and peas.	Tacos with wedges and shredded salads.
<b>Dessert</b>	Cheesecake		Mousse		Ice cream cone		Panacotta
<b>Supper</b>	Seasonal fresh fruit						

# Albany Residential College

## Menu Planner Term 2, 2026

## Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Cereal, yoghurt, seasonal fresh fruit.	A varied selection of bacon, eggs, sausage, spaghetti, waffles pancakes and fresh fruit.	Cereal, yoghurt, seasonal fresh fruit.	A varied selection of bacon, eggs, sausage, spaghetti, waffles pancakes and fresh fruit.	Cereal, yoghurt, seasonal fresh fruit.	Cereal, yoghurt, seasonal fresh fruit.	
<b>Morning</b>	Selection of healthy baked and packaged goods and fresh seasonal fruit.					Selection of baked goods and fresh seasonal fruit.	
<b>Lunch</b>	Make your own rolls and wraps from a healthy selection of cold meat and salads.					Make your own rolls and wraps or toasties from a healthy selection of cold meat and salads.	
<b>Afternoon</b>	Assorted pastries, fruit and goods.					Make your own afternoon tea from available baked products.	
<b>Dinner</b>	Tomato soup. Deconstructed sushi chicken or tuna, cheese omelette, rice and sushi salads.	Pork chops and apple sauce with hash browns and salsa, mashed potato, peas and sweet potato.	Pumpkin soup. Chicken or beef burgers, handmade wedges and burger salads.	Silverside and mustard sauce with vegetable patties, boiled potato and steamed cabbage.	Leek, potato and bacon soup. Rich beef casserole with vegetable slice, mashed potato and peas.	Ravioli, bread and salads.	Cottage pie, potato, pumpkin and beans.
<b>Dessert</b>	Apricot sponge and custard		Ice cream		Sorbet		Mousse
<b>Supper</b>	Seasonal fresh fruit						

# Albany Residential College

## Menu Planner Term 2, 2026

## Week 5

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Cereal, yoghurt, seasonal fresh fruit.	A varied selection of bacon, eggs, sausage, spaghetti, waffles pancakes and fresh fruit.	Cereal, yoghurt, seasonal fresh fruit.	A varied selection of bacon, eggs, sausage, spaghetti, waffles pancakes and fresh fruit.	Cereal, yoghurt, seasonal fresh fruit.	Cereal, yoghurt, seasonal fresh fruit.	
<b>Morning</b>	Selection of healthy baked and packaged goods and fresh seasonal fruit.					Selection of baked goods and fresh seasonal fruit.	
<b>Lunch</b>	Make your own rolls and wraps from a healthy selection of cold meat and salads.					Make your own rolls and wraps or toasties from a healthy selection of cold meat and salads.	
<b>Afternoon</b>	Assorted pastries, fruit and goods.					Make your own afternoon tea from available baked products.	
<b>Dinner</b>	Chicken noodle soup. Coconut chicken curry or coconut vegetable curry with rice, sweet potato and peas.	Steak with garlic sauce or spinach and sun-dried tomato quiche, mashed potato, broccolini and carrot batons.	Italian vegetable soup. Fish or vegetable burgers, handmade wedges and burger salads.	Roast lamb, macaroni cheese, roast potato and roasted vegetables.	Chicken and corn soup. Bacon fettuccini or tuna mornay with pasta and mixed vegetables.	Nasi Goreng with noodles and salads.	Spaghetti bolognaise with bread, peas and salad.
<b>Dessert</b>	Apple crumble and cream		Chocolate cake		Ice cream		Sorbet
<b>Supper</b>	Seasonal fresh fruit						

# Albany Residential College

## Menu Planner Term 2, 2026

## Week 6

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Cereal, yoghurt, seasonal fresh fruit.	A varied selection of bacon, eggs, sausage, spaghetti, waffles pancakes and fresh fruit.	Cereal, yoghurt, seasonal fresh fruit.	A varied selection of bacon, eggs, sausage, spaghetti, waffles pancakes and fresh fruit.	Cereal, yoghurt, seasonal fresh fruit.	Cereal, yoghurt, seasonal fresh fruit.	
<b>Morning</b>	Selection of healthy baked and packaged goods and fresh seasonal fruit.					Selection of baked goods and fresh seasonal fruit.	
<b>Lunch</b>	Make your own rolls and wraps from a healthy selection of cold meat and salads.					Make your own rolls and wraps or toasties from a healthy selection of cold meat and salads.	
<b>Afternoon</b>	Assorted pastries, fruit and goods.					Make your own afternoon tea from available baked products.	
<b>Dinner</b>	Pea and ham soup. Chicken cacciatore, bacon and onion slice, pasta, broccoli and cauliflower cheese.	Moroccan lamb curry, scrambled eggs, rice, sweet potato and peas.	Pumpkin soup. Beef or vegetable burgers, chips and burger salads.	Roast chicken, gnocchi, roast potato and roasted vegetables.	Cream of chicken soup. Beef pie, zucchini slice, mashed potato, and mixed vegetables.	Meatballs and tagliatelle pasta, bread and salads.	Loaded hot dogs with wedges and salads.
<b>Dessert</b>	Rice pudding		Chocolate cake		Panacotta		Mousse
<b>Supper</b>	Seasonal fresh fruit						