



Government of **Western Australia**
Department of **Education**

Department of Education Awards offered at Surf Centres:

Stage 1	Beginners Certificate
Stage 2	Surf Discovery Certificate
Stage 3	Preliminary Certificate
Stage 4	Surf Introduction Certificate
Stage 5	Surf Safe Certificate
Stage 6	Junior Certificate
Stage 7	Intermediate Certificate
Stage 8	Surf Wise Certificate
Stage 9	Senior Certificate

SURF SURVIVAL SKILLS-SEQUENCE

The following survival skills will be taught at the appropriate stage to further develop the learner's understanding of surf safety and personal survival.
Please note that skills previously taught are not necessarily re-listed and it cannot be guaranteed that all skills can be repeated.

S1	Safe entry into and exit from the water. Understand and demonstrate assistance required.	S6	Negotiate surf beyond the break. Swim slowly for 3 minutes using two recognised survival strokes.
S2	Wade into the water and duck under a wave/wash. Using a floatation aid, catch "the wash" into shore.	S7	Confidently negotiate surf beyond the break. Swim slowly for 4 minutes using two recognised survival strokes.
S3	Wade into water and duck (or dive) under a wave/wash. Support body in an upright position. Grasp a floatation aid and float for 30 seconds.	S8	Tread water for 2 minutes then: - Swim slowly for 3 minutes using 3 recognised survival strokes, changing after each minute to another stroke.
S4	Move beyond wash, swim and tread water for a total of 30 seconds. Catch, if practical, a wave back to shore.	S9	Non-contact rescues: - Assistance in shallow water - Defensive position and reverse - Delivery of floatation aid in deeper water.
S5	Negotiate surf beyond the break using appropriate surf skills (eg wade, duck, dive, porpoise). Tread water for 30 seconds keeping face above the water. Return to shore using appropriate surf skills (eg catch a wave and/or porpoise).		

650/1/1/DECEMBER/09

Please Note: It can not be assumed that all skills will be repeated under different conditions,
ADULT SUPERVISION IS ALWAYS NECESSARY.