

Narrogin Residential College

MEAL PLANNER

Week One
15-7 ~ 21-7



	BREAKFAST	MORNING TEA	LUNCH	DINNER	DESSERT	SUPPER
Mon	→			Cathys Choice	Cathys Choice	Cathys Choice
Tue	Coco-pop day	Popcorn	Make your Own	Spaghetti Meatballs, Chicken Nibbles & Salad	Ice Cream	Muffins
Wed	Cooked Breakfast	Mini Quiche	Make Your Own	Chicken Schnitzels, Potato Bake, Veg & Salad	Chocolate Cobbler	Platter
Thur	Cold Breakfast	Processed Snacks	Make your Own	Bangers, Mash. Veg, Gravy & Salad	Apple Crumble	Cheesies
Fr i	Cold Breakfast	Spring Rolls	Make Your Own	Chicken Chilli Wraps	Bread & Butter Pudding	Brownies
Sa t	Cold Breakfast	X	Chicken Rolls	Hamburgers	Cheesecake	Biscuits
Sun	Cold Breakfast	X	Toasties & Salad	Fish Chips & Salad	Cake & Cream	Muffins