



Moora Residential College – Menu Term 3 2026

Week 1 & 6	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Cooked breakfast can be any of the following: Bacon and eggs etc Croissants Waffles	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt
Lunch	Hot lunch day	Lunch order	Lunch order	Lunch order	Lunch order	Soup and toasties	BLTs
Dinner	Spaghetti Bolognese, garlic bread and tossed salad	Beef tacos with lots of fresh salads, sour cream, sauces and smashed avocado	Hayley's Kangaroo NAIDOC Dinner	Roast Pork with all the traditional veggies	Noi's twist on spag bol!	Noi's Thai Chicken and Rice	Noi's choice!
Supper	Antipasto Platter	Homemade sausage rolls	Smoothies	Milo & Biscuits	Student suggestions	Supervisors' surprise	Supervisors' surprise

**Fresh fruit and fruit platters are always available at any time along with fresh sandwiches in the dining room. All meals will have alternatives for vegetarians and /or allergies as required.

Week 2 & 7	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Cooked breakfast can be any of the following: Bacon and eggs etc Croissants Waffles	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt
Lunch	Hot lunch day	Lunch order	Lunch order	Lunch order	Lunch order	Hot Dogs	Hot chips special (if the café is open)
Dinner	Sausages, mashed potatoes and other seasoned veggies.	Mac & Cheese with garlic bread and salads	Tuna Mornay with crusty bread and salads	Roast Lamb with traditional roast veggies and gravy	Noi's Thai chicken with rice	Noi's sweet and sour with fried rice or noodle	Noi's surprise!
Supper	Fresh fruit platter	Homemade sausage rolls	Antipasto Platter	Frozen yoghurt	Student suggestions	Supervisors' surprise	Supervisors' surprise

**Fresh fruit and fruit platters are always available at any time along with fresh sandwiches in the dining room. All meals will have alternatives for vegetarians and /or allergies as required.

Week 3 & 8	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Cooked breakfast can be any of the following: Bacon and eggs etc Croissants Waffles	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt
Lunch	Hot lunch day	Lunch order	Lunch order	Lunch order	Lunch order	Freezer meal day! Get to the kitchen first to pick out your favourite leftovers!	MYO pizzas with a variety of toppings, sauces and just the way YOU like it!
Dinner	Curry chicken and rice	Pork chops with mash and veggies	Chicken strips/ sweet chilli chicken wraps with fresh salads and veggies	Roast Chicken with all the traditional roasted veggies and gravy	Noi's Thai	Noi's fried chicken with noodles	Noi's Surprise
Supper	Pikelets	Cheese board	Homemade surprise!	Popcorn	Student suggestions	Supervisors' choice	Supervisors' surprise

**Fresh fruit and fruit platters are always available at any time along with fresh sandwiches in the dining room. All meals will have alternatives for vegetarians and /or allergies as required.

Week 4 & 9	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Cooked breakfast can be any of the following: Bacon and eggs etc Croissants Waffles	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt
Lunch	Hot lunch day	Lunch order	Lunch order	Lunch order	Lunch order	Pastry Day! Pasties, quiches, pies and sausage rolls. Fresh fruit platter	Homemade soup with crusty bread rolls
Dinner	Steak with mushroom gravy and seasonal veggies	Fettuccini carbonara	Chicken casserole loaded with fresh veggies	Roast beef with all the traditional roast veggies and gravy	Thai green chicken curry served with rice	Pork bites with rice and veggies	Thai fried chicken with noodles
Supper	Hot chocolates and biscuits	Chicken Nuggets	Fresh fruit platter	Homemade slice or cake	Cheese and ham toasties	Supervisors' surprise	Students' choice!

**Fresh fruit and fruit platters are always available at any time along with fresh sandwiches in the dining room. All meals will have alternatives for vegetarians and /or allergies as required.

Week 5 & 10	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Cooked breakfast can be any of the following: Bacon and eggs etc Croissants Waffles	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt
Lunch	Hot lunch day	Lunch order	Lunch order	Lunch order	Lunch order		
Dinner	Chicken parmi or chicken schnitzel with salads	Hamburger and salads	Corned beef with white sauce, cabbage, garlic potatoes and green beans	Roast with seasonal roast veggies and gravy	Noi's choice!	Yellow chicken curry served with rice and veggies	Thai pork with fried rice and or noodles and spring rolls
Supper	Frozen yoghurt	Homemade sausage rolls	Popcorn	Antipasto platter	Student choice	Supervisors' surprise	Supervisors' surprise

**Fresh fruit and fruit platters are always available at any time along with fresh sandwiches in the dining room. All meals will have alternatives for vegetarians and /or allergies as required.