

# Narrogin Residential College

## MEAL PLANNER

Week Seven  
26-8 ~ 1-9

	BREAKFAST	MORNING TEA	LUNCH	DINNER	DESSERT	SUPPER
Mon	Cold Breakfast	Processed Snacks	Make Your Own	Pasta Bake x2	Fruit & Custard	Biscuit Portions
Tue	Coco-pop day	Popcorn	Make your Own	Spaghetti, Meatballs, Chicken nibbles & Salad	Chocolate Cobbler	Cheesies
Wed	Cooked Breakfast	Sausage Rolls	Make Your Own	Bangers, Mash & Veg	Ice Cream	Brownies
Thur	Cold Breakfast	Processed Snacks	Make your Own	Casserole & Vegetables	Bread & Butter Pudding	Platter
Fr i	Cold Breakfast	Muffins	Make Your Own	Stuffed Potatoes	Apple Pie	Quiche
Sa t	Cold Breakfast	X	Pulled Pork Nachos	Steak Sandwiches & Salad	Cheesecake	Donuts
Sun	Cold Breakfast	X	Toasties & Salad	Chicken Burgers & Salad	Slice	Biscuits