

# Merredin Residential College Term 3 menu planner 2026

| WEEK |         | SUNDAY                                                            | MONDAY                                                      | TUESDAY                                                           | WEDNESDAY                                                      | THURSDAY                                            | FRIDAY        | SATURDAY         |
|------|---------|-------------------------------------------------------------------|-------------------------------------------------------------|-------------------------------------------------------------------|----------------------------------------------------------------|-----------------------------------------------------|---------------|------------------|
| 1    | 19 July | Chicken enchiladas and salad                                      | Honey soy beef with fried rice and stir-fry veg             | Quiche Lorraine and salad                                         | Chicken schnitzels with potato bake and salad                  | Spaghetti Bolognese with garlic bread               | Cook's choice | Students' choice |
| 2    | 26 July | Chicken stroganoff with spiral pasta and salad                    | Pulled BBQ pork buns with sweet potato wedges               | Chicken duets with sweet potato mash and seasonal vegetables      | Thai red curry beef with rice and steamed veg                  | Sausages with mash, gravy and steamed veg           | Cook's choice | Students' choice |
| 3    | 2 Aug   | Butter chicken with rice and seasonal vegetables                  | Shepherd's Pie and salad                                    | Traditional roast pork                                            | Steak with garlic potatoes and seasonal veg                    | Tortellini with garlic bread and salad              | Cook's choice | Students' choice |
| 4    | 9 Aug   | Lasagna with garlic scrolls and salad                             | Homemade pies with mash and steamed veg                     | Hamburgers                                                        | Lamb chops with cauliflower patties and salad                  | Kim's fried chicken with coleslaw, chips and salad  | Cook's choice | Students' choice |
| 5    | 16 Aug  | Traditional Roast beef                                            | Thai green chicken curry with rice and steamed veg          | Spaghetti and meatballs with garlic bread and salad               | Rissoles with mash and veg                                     | Sticky chicken wings with homemade wedges and salad | Cook's choice | Students' choice |
| 6    | 23 Aug  | Silverside with mash and steamed veg                              | Curried sausages with rice and steamed veg                  | Marry me chicken pasta bake with garlic bread and salad           | Steak with baked potatoes, Diane sauce and seasonal vegetables | Chicken Parmigiana with chips and salad             | Cook's choice | Students' choice |
| 7    | 30 Aug  | Slow cooked Mediterranean Lamb with wedges and roasted vegetables | Chicken Caesar burgers                                      | Beef and broccoli stir-fry with stir-fried noodles and vegetables | Pork chops with roast potatoes and steamed veg                 | Ravioli with garlic bread and salad                 | Cook's choice | Students' choice |
| 8    | 6 Sep   | Asian pork belly with stir-fry baby bok choy and fried rice       | Beef casserole with mash and veg                            | Creamy garlic chicken pasta with garlic bread and salad           | Homemade pizzas                                                | Traditional Roast Chicken                           | Cook's choice | Students' choice |
| 9    | 13 Sep  | Carbonara with pizza scrolls and salad                            | Chicken schnitzels with potato bake and seasonal vegetables | Steak burgers                                                     | Beef porcupines with mash and seasonal vegetables              | Curried sausages with rice and steamed veg          | Cook's choice | Students' choice |
| 10   | 20 Sep  | Traditional Roast Pork                                            | Honey chicken with fried rice and stir-fry vegetables       | Marinated chicken drumsticks with potato bake and steamed veg     | Spaghetti Bolognese with garlic bread and salad                | Loaded hotdogs                                      | HOLIDAYS      | HOLIDAYS         |

All Burgers are served with chips and salad, unless stated otherwise. Traditional Roasts are accompanied by the usual roast veg etc.  
All meals are served with salad.