

# Narrogin Residential College

## MEAL PLANNER

Week Three  
29-4 ~ 5-5



	BREAKFAST	MORNING TEA	LUNCH	AFTERNOON TEA	DINNER	DESSERT	SUPPER
Monday	Cold Breakfast	Processed Snacks	Make Your Own	Make Your Own	Tacos & Salad	Fruit & Custard	Biscuits
Tuesday	Coco-pop day	Popcorn	Chicken Burgers	Make Your Own	Chicken Schnitzels, Mashed potato, Veg & Salad	Chocolate Pudding	Quiche
Wednesday	Cooked Breakfast	Mini Quiche	Sandwiches	Make Your Own	Steak, Chicken, Potato bake, Veg & Salad	Ice Cream	Slice
Thursday	Cold Breakfast	Processed Snacks	Spring rolls & Samosas	Make Your Own	Chicken, Pasta bake, Veg & Salad	Brownies	Scrolls
Friday	Cold Breakfast	Muffins	Make Your Own	Make Your Own	Fried Rice, Sweet & Sour Chicken & Salad	Frozen Yogurt	Chocolate Muffins
Saturday	Cold Breakfast	<del>X</del>	Carbonara & Salad	<del>X</del>	Loaded Potatoes, Wedges & Salad	Rice Pudding	Slab Cake
Sunday	Cold Breakfast	<del>X</del>	Chicken Rolls, Chips & Salad	<del>X</del>	Fish & Chips & Salad	Ice Cream Slice	Zucchini Slice