

Narrogin Residential College



MEAL PLANNER



Week Six
19-8 ~ 25-8



	BREAKFAST	MORNING TEA	LUNCH	DINNER	DESSERT	SUPPER
Mon	Cold Breakfast	Processed Snacks	Make Your Own	Taco's & Salad	Fruit & Custard	Cheese & Cracker Potigons
Tue	Coco-pop day	Popcorn	Make your Own	Chops, Sausages, Mashed potato & Veg	Apple Pie	Cheesies
Wed	Cooked Breakfast	Muffins	Make Your Own	Fried Rice, Honey Chicken, Beef Broccoli	Ice Cream	Sausage Rolls
Thur	Cold Breakfast	Processed Snacks	Make your Own	Roast Chicken, Chips, Gravy & Salad	Chocolate Pudding	Platter
Fr i	Cold Breakfast	Biscuits	Make Your Own	Loaded Fries, Mini Cob Loaf & Pizza Boats	Cheesecake	Quiche
Sa t	Cold Breakfast	X	Chicken Rolls & Salad	Chicken Parm, Chips & Salad	Rice Pudding	Slice
Sun	Cold Breakfast	X	Pies & Pasties & Sausage Rolls	Fish & Chips & Salad	Slab Cake	Brownies

