

Moora Residential College - sample menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast	Cooked Breakfast	Continental Breakfast	Continental Breakfast
Lunch	Pies/Sausage Rolls	Make own lunch	Make own lunch	Make own lunch	Make own lunch	Homemade Pizza	Toast Sandwiches
Dinner	Spaghetti Bol	Fish & Chips	Chops	Chicken Curry	Enchiladas	Roast	Lasagne
Vegetables	Crusty Bread/Salad	Coleslaw	Vegetables/Potato	Rice	Salad	Vegetables	Rice
Sweets	Froyo	Apple crumble	Pudding	Trifle	Fruit Salad	Choc Cake/Custard	Choc Cake
Supper	Milk shakes	Cheese Board	Banana Split	Mousse	Quiche	Cheese Toasties	Pin Wheels

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast	Continental Breakfast	Cooked Breakfast	Continental Breakfast	Continental Breakfast
Lunch	Pies/Sausage Rolls	Make own lunch	Make own lunch	Make own lunch	Make own lunch	Pies/Sausage Rolls	Homemade Soup
Dinner	Sweet & Sour Chicken	Taco Tuesday	Devilled Sausages	Chicken Kiev	Soup of the Day	Beef Stew	Pasta Bake
Vegetables	Vegetables/Rice	Lettuce/Tomato/Carrots	Vegetables/Rice	Vegetables/Chips	Mushroom Fettuccini	Coleslaw	Salad
Sweets	Ice cream/toppings	Cheesecake	Jelly	Froyo	Homemade sticky date pudding	Custard Cake	Brownie Slice
Supper	Pumpkin Soup	Christmas treats	Muffins	Milo/Biscuits	Cheese Platter	Rock Cakes	Rock Star

All meals will include a vegetarian, gluten free and/or dairy free option, depending upon the dietary needs of the students.