

Narrogin Residential College

MEAL PLANNER



	BREAKFAST	MORNING TEA	LUNCH	AFTERNOON TEA	DINNER	DESSERT	SUPPER
M o n	Cold Breakfast	Processed Snacks	Make Your Own	Make Your Own	Lasagne & Salad	Fruit & Custard	Blondies
T u e	Coco-pop day	Popcorn	Raviolli	Make Your Own	Steak, Wedges, potatoes & Salad	Ice Cream	Cheesies
W e d	Cooked Breakfast	Mini Quiche	Sandwiches	Make Your Own	Paella, Chicken & Salad	Malva Pudding	Biscuits
T h u r	Cold Breakfast	Processed Snacks	Burritos	Make Your Own	Butter Chicken, Rice & Salad	Choc Mousse & Biscuits	Platter
F r i	Cold Breakfast	Zucchini Slice	Make Your Own	Make Your Own	Kebabs, Chip & Salad	Apple Pie	Scrolls
S a t	Cold Breakfast	X	Sushi Bowls	X	Steak Burger & Salad	Frozen Yogurt Cups	Sausage Rolls
S u n	Cold Breakfast	X	Chicken Burgers & Salad	X	Casserole x 2	Cake	Muffins