

# Narrogin Residential College

# MEAL PLANNER

Week Three  
29-7 ~ 4-8

# AUGUST

	BREAKFAST	MORNING TEA	LUNCH	DINNER	DESSERT	SUPPER
Mon	Cold Breakfast	Processed Snacks	Make Your Own	Pasta Bake x2	Fruit & Custard	Biscuit Portions
Tue	Coco-pop day	Popcorn	Make your Own	Savoury Mince, potato bake, cauliflower cheese	Ice Cream	Muffins
Wed	Cooked Breakfast	Mini Quiche	Make Your Own	Chicken Cacciatore, Lemon Chicken, Rice And pasta	Chocolate Cobbler	Platter
Thur	Cold Breakfast	Processed Snacks	Make your Own	Beef Ragu, Cannelloni & salad	Chocolate mousse lasagne	Cheesies
Fr i	Cold Breakfast	Scrolls	Make Your Own	Roast Chicken & Chips & Salad	Apple Pie	Mini Pizza
Sa t	Cold Breakfast	X	Baked Potatoes & Soup	Chicken Wraps & Chips	Panna Cotta	Biscuits
Sun	Cold Breakfast	X	Toasties & Salad	Schnitzel Burgers & Salad	Ice Cream Slice	Brownies