

# Geraldton Residential College

## Menu Planner Term 4, 2024 Weeks 1 and 6

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental breakfast	Continental breakfast	Cooked breakfast	Continental breakfast	Continental breakfast	Continental breakfast	Continental breakfast
Lunch	College lunch order	College lunch order	College lunch order	College lunch order	College lunch order	Tacos (soft and hard shells)	Hot dogs
Afternoon	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons
Dinner	Cold meat and salad, chicken Caesar salad, Thai beef with rolls and condiments	Chicken parmigiana with potato wedges, peas and carrots	Roast beef with traditional roast vegetables and salad selection	Spaghetti bolognaise garlic bread Fresh Garden Salad	Welcome back BBQ with assorted salads, rolls etc.	Ravioli with cherry tomatoes and asparagus / Mongolian beef noodles	Chicken and beef (crumbed) with Bento box style accompaniments
Dessert	Blueberry Ricotta	Jelly and custard	Ice-cream	Perfect vanilla cake	Homemade chocolate brownies	Meringue cases	Chocolate, vanilla Bavarian cake
Supper	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo

All meals will include a vegetarian, gluten free and or dairy free option depending upon the dietary needs of the students

# Geraldton Residential College

## Menu Planner Term 4, 2024 Weeks 2 and 7

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental breakfast	Continental breakfast	Cooked breakfast	Continental breakfast	Continental breakfast	Continental breakfast	Continental breakfast
Lunch	College lunch order	College lunch order	College lunch order	College lunch order	College lunch order	Burgers	Meatball sub
Afternoon	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons
Dinner	Chicken drumsticks marinated in honey soy	Italian Night gnocchi, carbonara, tortellini Garlic bread, olives, cheese and salamis	Roast lamb and homemade mint sauce with roast potato and pumpkin	Homemade sausage rolls	Steak sandwich with traditional accompaniments	Jalapeno peach chicken with roast vegies and steamed rice	Korean fried chicken / Garlic steak bites, chips and salad
Dessert	Creamed rice with peaches	Tropical trifle	Ice-cream	Lemon Cheesecake	Honey joys	Lamingtons	Lemon cheesecake
Supper	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo

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# Geraldton Residential College

## Menu Planner Term 4, 2024 Weeks 3 and 8

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental breakfast	Continental breakfast	Cooked breakfast	Continental breakfast	Continental breakfast	Croissants	Sloppy joes
Lunch	College lunch order	College lunch order	College lunch order	College lunch order	College lunch order	Hawaiian Pork Ribs	Sizzling stir-fry beef
Afternoon	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons
Dinner	Stir-fry beef, steamed rice and salad selection	Mexican pork fried rice full of mixed veges and Mexican accompaniments – Mex salad, guacamole, sour cream	Roast chicken and gravy, potato bake, peas, roast carrots and salad selection	Lasagne, homemade garlic bread and crunchy garden salad	Homemade pizza (Best pizzas in Gero!) and salad selection	Honey mustard chicken with crispy bacon potatoes, salad	Hunan chicken, fried rice with pineapple
Dessert	Sago with tropical fruit	Tiramisu	Ice-cream	Apple strudel	Chocolate mousse	Chocolate cake	tba
Supper	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo

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# Geraldton Residential College

## Menu Planner Term 4, 2024 Weeks 4 and 9

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental breakfast	Continental breakfast	Cooked breakfast	Continental breakfast	Continental breakfast	Continental breakfast	Continental breakfast
Lunch	College lunch order	College lunch order	College lunch order	College lunch order	College lunch order	Chicken enchilada	Hot dogs
Afternoon	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons
Dinner	Beef schnitzel, potato wedges, fresh vegetable mix and garden salad	Chicken vol-au-vents, pea, mint and feta risotto, corn cobs and mixed salads	Roast pork and apple sauce, roast vegetables, cauliflower / broccoli au gratin and salad selection	Grilled fish, tartare sauce and salad selection	Wrap assortment – grilled chicken, pulled pork, or meatball with tabouli, lettuce, tomato, salsa and sauces to match	Pork steak with apple glaze. Chicken pasta, potato wedges and baby spinach	Honey chilli chicken. Sweet and sour pork, fried rice, peas and carrots
Dessert	Apple, rhubarb and strawberry crumble	Orange cream cheese biscuit log	Ice-cream	Fresh fruit salad	Chocolate mousse	tba	tba
Supper	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo

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# Geraldton Residential College

## Menu Planner Term 4, 2024 Weeks 5 and 10

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Continental breakfast	Continental breakfast	Cooked breakfast	Continental breakfast	Continental breakfast	Continental breakfast	Continental breakfast
<b>Lunch</b>	College lunch order	College lunch order	College lunch order	College lunch order	College lunch order	Pies	Burgers
<b>Afternoon</b>	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons	Selection of fruits, crackers and homemade cakes and biscuits Hot soup with croutons
<b>Dinner</b>	Lamb chops marinated in garlic rosemary with mashed potato, peas and honey carrots	Pasta selection with delicious, crunchy mixed salad	Corned silverside boiled baby potatoes, mashed pumpkin, garlic green beans	Poke bowls with assorted salad items and protein choices	Potato Bar, everything that goes great with a potato, especially bacon and sour cream	Steak with garlic sauce / Chicken Mignon, chips, salad and garlic bread	Coconut thai red chicken curry / Rogan Josh beef
<b>Dessert</b>	Pineapple upside-down cake	Key lime pie	Ice cream	Homemade bliss balls	Strawberry milkshake cake	tba	tba
<b>Supper</b>	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo

All meals will include a vegetarian, gluten free and or dairy free option depending upon the dietary needs of the students