Albany Residential College

Menu Planner Term 1, 2026 Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental breakfast	Ham and cheese croissants, eggs, spaghetti	Continental breakfast	Bacon, eggs, fried tomato, baked beans, hash browns	Continental breakfast	Continental breakfast	Continental breakfast
Afternoon	Seasonal fruit, homemade banana bread, cheese and crackers, smoothies or icy sticks	Seasonal fruit, party pies, smoothies or icy sticks	Fruit, muffins, cruskits, avocado, ricotta cheese, tomato, smoothies or icy sticks	Fruit, scones, jam and cream, bacon, cheese/ tomato quiche, smoothies or icy sticks	Fruit, homemade biscuits, homemade sausage rolls, smoothies or icy sticks	Seasonal fruit, cheese and crackers, smoothies or icy sticks	Seasonal fruit, homemade chocolate cake, smoothies or icy sticks
Dinner	Fish burgers and chips. Bacon and shallots spiral pasta salad.	Chinese honey chicken, rice, avocado and orange salad, rocket pesto salad.	Spaghetti bolognaise, dinner rolls and tomato pasta salad.	Sausages with mashed potato and gravy. Bacon, egg and spinach pasta salad.	Chicken chilli wraps with salsa and sour cream, wedges and potato salad.	Variety of pizzas with garlic bread. Ham, rocket and tortellini salad.	Roast beef, roast potatoes and pumpkin, cauliflower and broccoli cheese.
Dessert			Peaches and ice cream			Apple crumble and custard	
Supper	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo

Albany Residential College

Menu Planner Term 1, 2026 Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental breakfast	Cooked breakfast: muffin with sausage, cheese, hashbrown, eggs	Continental breakfast	Cooked breakfast bacon, eggs, fried tomato, baked beans, hash browns	Continental breakfast	Continental breakfast	Continental breakfast
Afternoon	Seasonal fruit, mini croissants, smoothies or icy sticks	Seasonal fruit, homemade slice, party pies, smoothies or icy sticks	Seasonal fruit, homemade muffins, cruskits, avocado, ricotta cheese, tomato, smoothies or icy sticks	Seasonal fruit, cheesies, biscuits, smoothies or icy sticks	Seasonal fruit, homemade vanilla slice, smoothies or icy sticks	Seasonal fruit, cheese and crackers, smoothies or icy sticks	Seasonal fruit, cheese and crackers smoothies or icy sticks
Dinner	Mongolian beef with rice, beans and peas. Pumpkin and pasta salads.	Butter chicken, naan bread, roasted sweet potato, broccoli and cauliflower. Basil pasta.	Fish cakes, chips and basil pasta.	BBQ steak, chops, hamburger rolls and salad. Spiral pasta with bacon.	Ravioli tomato base, dinner rolls, beans and peas, feta and beetroot pasta salad	Beef burgers, potato gems, onion rings and green salad	Roast chicken and gravy, roast potatoes, pumpkin, cauliflower and broccoli cheese
Dessert			Lemon cheesecake mousse			Apple berry dump cake and yoghurt	
Supper	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo

Albany Residential College

Menu Planner Term 1, 2026 Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental breakfast	Bacon, eggs, spaghetti	Continental breakfast	Bacon, eggs, fried tomato, baked beans, hash browns	Continental breakfast	Continental breakfast	Continental breakfast
Afternoon	Seasonal fruit, pikelets, vege and cottage cheese slice, smoothies or icy sticks	Seasonal fruit, homemade slice, bruchetta, smoothies or icy sticks	Seasonal fruit, homemade muffins, cruskits, avocado, ricotta cheese, tomato, smoothies or icy sticks	Seasonal fruit, puff pastry roll ups of bacon and cheese, smoothies or icy sticks	Seasonal fruit, homemade vanilla slice, smoothies or icy sticks	Seasonal fruit, homemade muffins, cheese and crackers, smoothies or icy sticks	Seasonal fruit, homemade slice, smoothies or icy sticks
Dinner	Veal tortellini with creamy spinach sauce, dinner rolls, roast sweet potato and carrots. Waldorf salad.	Teriyaki chicken, rice, corn on cob. Bacon and shallots spiral pasta salad.	Shepherd's pie, mashed potato, peas, beans, corn on cob and penne with creamy tomato sauce.	Chicken kiev, chips and noodle salad. Pasta salad with lentils, pesto and beans.	Sweet and sour pork, fried rice, peas and corn mix, fresh broccoli. Macaroni with spinach and bacon.	Gnocchi with roasted cauliflower and pumpkin topping, garlic bread, roast pumpkin and sweet potato.	Roast pork, apple sauce and gravy, roast potatoes, carrot, roasted capsicums, onion, mushrooms.
Dessert	Strawberry and white chocolate tray cake with custard					Apricot danish and cream	
Supper	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo

Albany Residential College

Menu Planner Term 1, 2026 Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental breakfast	Ham and cheese croissants, spaghetti, eggs	Continental breakfast	Bacon, scrambled eggs, fried tomato, baked beans, hash browns	Continental breakfast	Continental breakfast	Continental breakfast
Afternoon	Seasonal fruit, pikelets, vege and cottage cheese slice, smoothies or icy sticks	Seasonal fruit, homemade slice, bruchetta, smoothies or icy sticks	Seasonal fruit, homemade muffins, cruskits, avocado, ricotta cheese, tomato, smoothies or icy sticks	Seasonal fruit, puff pastry roll ups of bacon and cheese, smoothies or icy sticks	Seasonal fruit, homemade slice, smoothies or icy sticks	Seasonal fruit, homemade muffins, cheese and crackers smoothies or icy sticks	Seasonal fruit, homemade slice, smoothies or icy sticks
Dinner	Fish, potato bake, beans and carrots. Pasta salad with lentils, pesto and beans, tabbouleh.	BBQ steak and sausages, hamburger rolls, chips and salad.	Beef stroganoff with warm tomato pasta salad.	Chicken parmi and chips with roasted pumpkin and peas. Bacon, egg and spinach pasta coleslaw.	Pizza selection. Potato gems and chicken pasta salad.	Chicken burger, potato gems and chicken pasta salad.	Roast lamb and gravy, roast potatoes, pumpkin. Cauliflower and broccoli cheese.
Dessert	Coconut chia pudding or mini passionfruit condensed fruit tarts.	Chocolate mousse and strawberries.	Strawberry and white chocolate tray cake with custard.				
Supper	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo

Albany Residential College

Menu Planner Term 1, 2026 Week 5

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental breakfast	Cooked breakfast: sausages, eggs, hash browns, spaghetti	Continental breakfast	Bacon, scrambled eggs, fried tomato, baked beans, hash browns	Continental breakfast	Continental breakfast	Continental breakfast
Afternoon	Seasonal fruit, pikelets, vege and cottage cheese slice, smoothies or icy sticks	Seasonal fruit, homemade red and white slice, smoothies or icy sticks	Seasonal fruit, homemade muffins, cruskits, avocado, ricotta cheese, tomato, smoothies or icy sticks	Seasonal fruit, orange cake, smoothies or icy sticks	Seasonal fruit, homemade biscuits, smoothies or icy sticks	Seasonal fruit, homemade muffins, cheese and crackers smoothies or icy sticks	Seasonal fruit, homemade slice, smoothies or icy sticks
Dinner	Chicken supreme with pasta and bread rolls. Chicken noodle salad, roast pumpkin salad, rocket and pesto salad.	Fish burgers and chips. Bacon and shallots spiral pasta salad.	Lamb chops, gravy and mint. Mashed potato, cabbage, bacon and spinach. Capsicum and onion pasta with lentils, pesto and beans	Meatballs and tomato base, dinner rolls and spaghetti, roast pumpkin, carrot. Bacon and onion pasta.	BBQ steak and sausage with hamburger rolls and salad.	Stuffed chicken croissants and stuffed potatoes. Caesar chicken salad, feta and beetroot coleslaw	Roast chicken and gravy, roast potatoes, pumpkin. Cauliflower and broccoli cheese.
Dessert		Vanilla pannacotta and blueberries				Chocolate mousse and strawberries	
Supper	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo	Assorted biscuits, milk, milo