

## Moora Residential College – Menu Term 2 2025

Weeks 1 and 6	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Cooked breakfast, can be any of the following:  Bacon and eggs etc.  Croissants  Waffles	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Continental Breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt
<b>Lunch</b>	Hot lunch day	Make your own	Make your own	Make your own	Make your own	Soup and toasties	BLTs
<b>Dinner</b>	Pumpkin soup with mac and cheese and crusty bread with salads	Curry Chicken with rice	Roast pork with veggies and gravy	Rissoles with mashed potato and seasonal vegies	Thai chicken with rice	Mongolian beef stir-fry	Thai fried pork and rice – loaded with vegies and sensational Thai flavour!
<b>Supper</b>	Milo and biscuits	Homemade sausage rolls	Chilli Strips	Cheese and crackers	Cheese on toast	Supervisor's surprise	Supervisor's surprise

\*\*Fresh fruit and fruit platters are always available at any time along with fresh sandwiches in the dining room. All meals will have alternatives for vegetarians and /or allergies as required.

Week 2 and 7	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Cooked breakfast, can be any of the following:  Bacon and eggs etc.  Croissants  Waffles	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt
<b>Lunch</b>	Hot lunch day	Make your own	Make your own	Make your own	Make your own	Hot Dogs	Sonja's hot chips and other treats
<b>Dinner</b>	Chicken casserole with rice	Spaghetti carbonara or Chinese chicken and corn soup with crusty sour dough bread	Steak with creamy mushroom sauce and baked potato with seasonal vegies	Roast beef with all the roasted vegies and cauliflower cheese	Macaroni cheese with a selection of fresh salads and garlic bread	Butter chicken with rice	Pad Thai with fried pork
<b>Supper</b>	Milo and biscuits	Mini pizzas	Mini quiches	Cocktail franks in a bun	Cheese on toast	Supervisor's surprise	Supervisor's surprise

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Week 3 and 8	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Cooked breakfast, can be any of the following:  Bacon and eggs etc.  Croissants  Waffles	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt
<b>Lunch</b>	Hot lunch day	Make your own	Make your own	Make your own	Make your own	Freezer meal day! Get to the kitchen first to pick out your favourite leftovers!	MYO pizzas with a variety of toppings, sauces and just the way YOU like it!
<b>Dinner</b>	Tasty chicken soup with crusty bread  Bangers and mash with tasty gravy	Chicken stir-fry with loaded fried rice	Beef casserole with rice and crusty bread (for all the yummy sauce!)	Pumpkin soup  Roast chicken with mashed potato, vegies and gravy	Thai green chicken curry served with rice	Pork bites with rice and vegies	Thai fried chicken with noodles
<b>Supper</b>	Hot chocolates	Chicken strips	Cheese toasties	Milo and biscuits	Cheese and ham toasties	Supervisor's surprise	Supervisor's surprise

\*\*Fresh fruit and fruit platters are always available at any time along with fresh sandwiches in the dining room. All meals will have alternatives for vegetarians and /or allergies as required.

Week 4 and 9	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Cooked breakfast, can be any of the following:  Bacon and eggs etc.  Croissants  Waffles	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt
<b>Lunch</b>	Hot lunch day	Make your own	Make your own	Make your own	Make your own	Pastry Day! Pasties, quiches, pies and sausage rolls. Fresh fruit platter	Homemade soup with crusty bread rolls
<b>Dinner</b>	Pumkin Soup Shepherd's pie	Beef Rogan Josh with rice	Corned beef with cabbage and bacon. Other vegies, served with a tasty white sauce	Chicken and vegie soup  Spaghetti bolognaise and garlic bread	Thai green chicken curry served with rice	Pork bites with rice and vegies	Thai fried chicken with noodles
<b>Supper</b>	Hot chocolates	Chicken strips	Cheese toasties	Milo and biscuits	Cheese and ham toasties	Supervisor's surprise	Supervisor's surprise

\*\*Fresh fruit and fruit platters are always available at any time along with fresh sandwiches in the dining room. All meals will have alternatives for vegetarians and /or allergies as required.

Week 5 and 10	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Cooked breakfast, can be any of the following:  Bacon and eggs etc.  Croissants  Waffles	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt	Continental breakfast: cereal, toast. Alternating: muffins, fruit toast, crumpets, smoothies.  Fresh fruit and yoghurt
<b>Lunch</b>	Hot lunch day	Make your own	Make your own	Make your own	Make your own		
<b>Dinner</b>	Pumpkin soup  Beef casserole loaded with hearty winter vegies	French Onion soup  Stuffed baked potatoes	Roast pork with crunchy CRACKLE! All the yummy roast vegies and gravy	Minestrone Soup  Nachos! Salads, sour cream and guacamole	Beef macaroni pasta bake with salads and garlic bread	Yellow chicken curry served with rice and veggies	Thai pork with fried rice and/or noodles and spring rolls
<b>Supper</b>	Milo and biscuits	Popcorn	Chicken nuggets	Milo and biscuits	Frozen yoghurt cups and fruit platter	Supervisor's surprise	Supervisor's surprise

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