




Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1			Lamb chops, mash potato with grilled asparagus and Gravy	Satay Chicken steamed rice mixed vegetables	Fish and Chips with Salad. Loaded spuds	Hamburgers with the Lot	Beef rendang curry, rice, salad and pappadams
2	Stir-Fry Chinese Chicken with egg noodles and Asian veggies	Savoury beef pie, frittata, coleslaw, garden salad	Silverside, boiled potatoes in garlic & rosemary butter, vegetables in a white cheese sauce	Marinated Pork Ribs, pasta, salad	Shepherds pie, mixed vegies	Quiche Lorraine homemade sweet potato wedges and salad	Homemade pizzas and garlic bread
3	Roast seasoned chicken, creamy broccoli cheese	Yellow curry beef sausages with rice, mixed vegies and Naan Bread	Lamb Shanks, potato and pumpkin mash with broccoli, braised cabbage and green beans	Stuffed potatoes with creamy pasta and salad	Tortellini with salads and garlic bread	Chicken Burgers with the lot and chips	Tacos with beef mince and salads
4	Porterhouse steaks with chips and salad	Marinated Chicken Wings, fried Rice and noodles	Grilled fish fillets in lemon butter sauce with roast vegetables and salad	Homemade Rissoles, mash potato, vegetables and gravy	Bacon and Egg Pie with salad and garlic bread	Chicken enchiladas and rice	Meatloaf in thick gravy and roasted vegies
5	Sweet and Sour Pork, steamed rice, and stir-fry vegies	Chicken Parmigiana, chips and salad	Summer Seafood extravaganza 	Veggie lasagne, chicken cacciatore and salads	Beef Sausages and vegetable paella	Chicken and bacon Carbonara and salads	Poolside BBQ
6	Spaghetti Bolognese, creamy bacon and spinach carbonara with salad and garlic bread	Chicken Ceasar salad, crispy chicken tenders with creamy potato bake	Lamb chops, mash potato with grilled asparagus and Gravy	Marinated chicken sticks, steamed rice and mixed vegetables	Fish and chips with salad. Loaded spuds	Hamburgers with the Lot	Beef rendang curry, rice, salad and Pappadams

Weeks 7 - 10, term 1 dinner menu 2025

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7	Stir-Fry Chinese Chicken with egg noodles and Asian veggies	Savoury beef pie, frittata, coleslaw, garden salad	Silverside, boiled potatoes in garlic and rosemary butter, vegetables in a white cheese sauce	Marinated Pork Ribs, pasta, salad	Shepherds pie, mixed vegies	Quiche Lorraine homemade sweet potato wedges and salad	Homemade pizzas and garlic bread
8	Roast seasoned chicken, creamy broccoli cheese	Yellow curry beef sausages with rice, mixed vegies and Naan Bread	Lamb Shanks, potato and pumpkin mash with broccoli, braised cabbage and green beans	Stuffed potatoes with creamy pasta and salad	Tortellini with salads and garlic bread	Chicken Burgers with the lot and chips	Tacos with beef mince and salads
9	Porterhouse steaks with chips and salad	Marinated Chicken Wings, fried rice and noodles	Grilled fish fillets in lemon butter sauce with roast vegetables and salad	 <p>Mexican fiesta</p>	Bacon and egg pie with salad and garlic bread	Chicken enchiladas and rice	Meatloaf in thick gravy and roasted vegies
10	Sweet and Sour Pork, steamed rice and stir-fry vegies	Chicken Parmigiana, chips and salad	Roast Beef, cauliflower cheese and gravy	Vegie lasagne, chicken cacciatore and salads	Beef Sausages and vegetable paella	Chicken and bacon Carbonara and salads	BBQ