



Government of **Western Australia**
Department of **Education**

SAFETY SURVIVAL SKILLS-SEQUENCE

The following survival skills will be taught at the appropriate stage to further develop the learner's understanding of water safety and personal survival.
Please note that skills previously taught are not necessarily re-listed and it cannot be guaranteed that all skills can be repeated.

S1	Confident entry into and exit from the water. Float for 10-15 seconds, with a floatation aid.	S6	Dive entry into deep water. Rotation of the tucked body, keeping the face above the water. Swim slowly for 3 minutes using two recognised survival strokes. Grasp an aid thrown for support and kick to safety.
S2	Glide forward and recover to a standing position. Float for 30 seconds, with a floatation aid. Be pulled to safety.	S7	Enter water using a compact jump. Swim slowly for 4 minutes using two recognised survival strokes.
S3	Glide and swim 10m, recover to upright position. Support body in an upright position and signal distress.	S8	Dressed in swimwear, shorts and t-shirt demonstrate: - 2 minutes survival sculling, floating or treading water, then - 3 minutes swimming slowly using three recognised survival strokes, keeping the arms below the surface, changing each minute.
S4	Swim and survival scull for 60 seconds. Grasp an object and be pulled to safety.	S9	Non-contact rescues: - Assistance in shallow water - Defensive position and reverse - Delivery of floatation aid in deeper water.
S5	Step in entry. Scull for 60 seconds using combination of survival sculling and horizontal sculling, keeping the face above water. Grasp a floatation aid thrown for support and swim for 60 seconds. Be pulled to safety by a partner.		

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Please Note: It can not be assumed that all skills will be repeated under different conditions,
ADULT SUPERVISION IS ALWAYS NECESSARY.