



Moora Residential College – Menu Term 1 2026

Week 1&6	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Cooked breakfast can be any of the following: Bacon and eggs etc Croissants Waffles	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt
Lunch	Hot lunch day	Lunch order	Lunch order	Lunch order	Lunch order	Soup and toasties	BLTs
Dinner	Steak, chips and seasonal salad choices	Chicken Kiev with salads	Taco wraps or boats with selection toppings and sauces	Butter chicken and Rice with Naan Bread	Noi's twist on spag bol!	Noi's Thai Chicken and Rice	Noi's choice!
Supper	Antipasto Platter	Homemade sausage rolls	Smoothies	Milo & Biscuits	Student suggestions	Supervisor's surprise	Supervisor's surprise

**Fresh fruit and fruit platters are always available at any time along with fresh sandwiches in the dining room. All meals will have alternatives for vegetarians and /or allergies as required.

Week 2&7	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Cooked breakfast can be any of the following: Bacon and eggs etc Croissants Waffles	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt
Lunch	Hot lunch day	Lunch order	Lunch order	Lunch order	Lunch order	Hot Dogs	Hot chips special (if the café is open)
Dinner	Tuna mornay and salad	Hamburgers with lots of salad choices, sauces and ships	Marinated chicken, Caesar salad and other salads	Steak and chips with various salad choices	Noi's Thai chicken with rice	Noi's sweet and sour with fried rice or noodle	Noi's surprise!
Supper	Fresh fruit platter	Homemade sausage rolls	Antipasto Platter	Frozen yoghurt	Student suggestions	Supervisor's surprise	Supervisor's surprise

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Week 3&8	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Cooked breakfast can be any of the following: Bacon and eggs etc Croissants Waffles	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt
Lunch	Hot lunch day	Lunch order	Lunch order	Lunch order	Lunch order	Freezer meal day! Get to the kitchen first to pick out your favourite leftovers!	MYO pizzas with a variety of toppings, sauces and just the way YOU like it!
Dinner	Spaghetti bolognese with garlic bread and tossed salad	Chicken schnitzel with pasta salad, Caesar salad and garlic baby potatoes	Chicken chilli wraps with lots of salads and sauce to pick from.	Jo's Roast Pork with all the roasted veggies & gravy!	Noi's Thai	Noi's fried chicken with noodles	Noi's Surprise
Supper	Pikelets	Cheese board	Homemade surprise!	Popcorn	Student suggestions	Supervisor's choice	Supervisor's surprise

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Week 4&9	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Cooked breakfast can be any of the following: Bacon and eggs etc Croissants Waffles	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt
Lunch	Hot lunch day	Lunch order	Lunch order	Lunch order	Lunch order	Pastry Day! Pasties, quiches, pies and sausage rolls. Fresh fruit platter	Homemade soup with crusty bread rolls
Dinner	Chicken Kiev with seasonal salads and chips	Spaghetti Carbonara with garlic bread	Rissoles with mashed potatoes, veggies and gravy	Roast Lamb with all the traditional roast trimmings! Cauliflower cheese.	Thai green chicken curry served with rice	Pork bites with rice and veggies	Thai fried chicken with noodles
Supper	Hot chocolates and biscuits	Chicken Nuggets	Fresh fruit platter	Homemade slice or cake	Cheese and ham toasties	Supervisor's surprise	Students' choice!

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Week 5&10	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Cooked breakfast can be any of the following: Bacon and eggs etc Croissants Waffles	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt	Continental Breakfast: Cereal, Toast. Alternating: Muffins, fruit toast, crumpets, smoothies. Fresh Fruit and Yoghurt
Lunch	Hot lunch day	Lunch order	Lunch order	Lunch order	Lunch order		
Dinner	Homemade lasagne with chips and assorted salads	Steak with mushroom sauce (on the side) with mashed potatoes and other seasonal veggies	Sausages with garlic baby potatoes and salads	Roast Chicken and vegies. Cauliflower cheese, gravy and all the usual homemade goodness!	Noi's choice!	Yellow chicken curry served with rice and veggies	Thai pork with fried rice and or noodles and spring rolls
Supper	Frozen yoghurt	Homemade sausage rolls	Popcorn	Antipasto platter	Student choices	Supervisor's surprise	Supervisor's surprise

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