



## Esperance Residential College 2025 Summer meal planner

	Breakfast	Lunch	Afternoon Tea	Dinner and sides	Supper
<b>Monday</b>	Cooked breakfast. Bacon and eggs, toast, cereal	Mixed sandwiches	Vegie platter with crackers and dip	Grilled fish and salad	Lemon cheesecake
<b>Tuesday</b>	Healthy breakfast. Toast, cereal, fruit and yoghurt	Mixed sandwiches	Fruit and vegie platter	Taco Tuesday	Melting Moment biscuits
<b>Wednesday</b>	Cooked breakfast. Bacon and eggs, toast, cereal	Mixed sandwiches	Vegie platter with crackers and dip	Roast lamb, vegies and gravy	Apple Crumble
<b>Thursday</b>	Healthy breakfast. Toast, cereal, fruit and yoghurt.	Mixed sandwiches	Fruit and vegie platter	Spaghetti and salad	Fruit and custard
<b>Friday</b>	Cooked breakfast. Bacon and eggs, toast, cereal	Pies and sausage rolls	Vegie platter with crackers and dip	BBQ sausages, chicken kebabs and salad	Chocolate Mousse
<b>Saturday</b>	Healthy breakfast. Toast, cereal, fruit and yoghurt	Cold meat and salad wraps	Fruit and vegie platter	Penne al Pomodorini	Ice-cream
<b>Sunday</b>	Healthy breakfast. Toast, cereal, fruit and yoghurt	Zucchini omelette	Fruit and vegie platter	Pulled beef rolls and chips	Ice-cream